

Psychology Honors Program

Program Overview

The Psychology Honors Program is a year-long, independent research experience for senior Psychology majors. You'll work closely with a faculty advisor on a project of mutual interest, gaining valuable skills in research design, data analysis, academic writing, and oral presentation—mirroring the demands of graduate-level training and data-driven professions. The program runs Fall to Spring during your senior year.

Eligibility Criteria

- Must be a **Psychology major**
- Must have **secured a Psychology Department faculty advisor**
- **3.0 GPA or higher** (overall and in Psychology courses)
- Completion of **PSY 450: Advanced Research Methods** (before or during senior year) with a grade of B- or better; grade exceptions may be considered by petition

Program Components

- **Design and conduct** an independent research project
- Write a **research proposal** and **Honors Thesis**
- **Analyze data**, present your findings, and complete an **oral defense**
- Successful completion earns you: **Honors, High Honors, or Highest Honors**

Planning and Timeline

- **Start early!** Begin planning in your **sophomore or junior year**
- **Gain experience** as a research assistant in **PSY 498: Undergraduate Research**
 - Learn more about [faculty and their labs](#)
 - Try to work in a lab that matches your interests
 - Aim for depth by working in same lab for > 1 semester
- **PSY 300: Communicating for Psychological Sciences** is highly recommended
- **Take PSY 450: Advanced Research Methods** during junior year, if possible (earn grade of B- or higher, see above)
- **Apply to the program**, ideally during your junior Spring semester
- In senior year, register for:
 - **PSY 497: Honors Seminar** (Fall semester); grade of B- or higher required for program continuation
 - Additional **PSY 497 credits** (Spring semester, 1 to 8 credits under faculty advisor supervision)

Application Steps

1. Secure a **faculty advisor** (by your junior Spring)
2. Complete and submit the **application form** (below) before the deadline (see Honors website)
3. **Interview** with the Honors Program Director

Questions?

Program Director: Dr. Wendy Quinton | wquinton@buffalo.edu | 716-645-0230 | 348 Park Hall

**PSYCHOLOGY HONORS PROGRAM APPLICATION****TWO SEMESTERS (FALL AND SPRING)**

Please complete in form and save document on your computer

Step 1: Personal Information

Name:

UB Person #:

Permanent Address:

Local Address:

Phone #:

Email:

Overall GPA:

Psychology GPA:

Anticipated Graduation Date:

What do you plan to do after graduation?

Briefly, what do you plan to focus on in your Honors project?

Step 2: Faculty Advisor's Name & Signature*I agree to serve as the Honors faculty advisor for the student named above.*

Date:

Faculty Advisor's Name:

Faculty Advisor's Signature:

Step 3: Submit Application and AAR to Honors Program Director for InterviewEmail Dr. Quinton (wquinton@buffalo.edu):

- 1) A copy of this **application form** completed through Step 2
- 2) A PDF copy of your current and full [Academic Advisement Report \(AAR\)](#)

Dr. Quinton will then set up with you a time for your interview and will complete your application (if approved).

Dr. Quinton's Signature:

Step 4: Contact Christa Greenberg

Email completed application to Christa Greenberg (cmgreen@buffalo.edu), and she will register you for PSY 497: Honors Seminar.